



Author Amy Lyle and Blogger Gina Ryals Team Up for New Comedy Show “In The Burbs”

60-Minute Talk Show Debuts as Most Popular Show on the UI Network

Motherhood, marriage, divorce, and menopause are among the “joys and concerns” comedian and screenwriter Amy Lyle and self-proclaimed super mom and blogger Gina Ryals take on in their new show, “[In the Burbs](#).” The talk show features Amy’s and Gina’s warm and humorous rapport, interesting guests, wacky games, and outrageous headlines of the day, while giving a humorous view of life in the outskirts of Atlanta, Ga.

The show’s September 4 debut and subsequent airings on the [UI Media Network](#) led to viewers laughing, smiling, and nodding their heads in recognition of the everyday absurdities of approaching middle age in the burbs...or any American suburb, really.



[View show clips.](#)

Amy and Gina are heading toward fifty, having hot flashes, dealing with tantruming teenagers, and discovering just how stubborn perimenopausal fat can be. Instead of signing up for multiple wine subscription clubs or pre-booking space in a 55+ community, they decided to celebrate this stage of life by starting their own show.

“We’re not afraid to laugh at serious, day-to-day challenges in order to help our viewers realize that life doesn’t always have to be so intense,” said Amy.

Viewers and guests agree.

"This show hits the mark for me. 'In The Burbs' is entertaining and informative...I never know what to expect" – viewer and local realtor, Melissa Smith.

"I adore Amy and Gina and hanging out with them on their fab show is super fun, like happy hour, only better!" - Kathi Welch, founder of [Girlz Club, Lucy & Holly](#).

The show is loosely based on Amy's bestselling Amazon books, [We're All A Mess, It's OK](#) and [The Amy Binegar-Kimmes-Lyle Book of Failures](#), which released at number one and remain bestsellers. Both books exhort taking whatever disasters life hands you and seeing the funny side of them, a "what doesn't kill you will eventually make you laugh" approach. Segments include, "The No Shame Hashtag Game," "Mom Confessions," and "Stress Reduction Instruction," all of which encourage us to be honest about our issues, consider what we've learned, and figure out how to move forward.

"We are so excited to have Amy and Gina, two well-known local personalities, team up on the network. They are a refreshing, comedic force of nature," said Tim Ray, UI Media CEO.

MEET THE HOSTS

AMY LYLE



Amy Lyle is an author, stand-up comic, actor, and screenwriter. Amy released her first book and comedic memoir, “The Amy Binegar-Kimmes-Lyle Book Of Failures,” in 2017. The book received numerous accolades, including #1 in Amazon’s “Humor and Entertainment” category. Amy starred in Sam Juergen’s short film, “The Interviewers,” which won [“Best Comedy” at the 2018 Franklin International Indie Film Festival](#) in Franklin, TN. Amy’s next project includes securing funding for her screenplay, a female-centric comedy that examines the stereotypes connected to stay-at-home and working moms. Creative producer [Suzanne Jurva](#), who previously worked with DreamWorks, is attached to the project.

“Amy Lyle is making great strides in the world of entertainment, and it all started with a rejection from Hollywood” – [11Alive](#). [Learn more](#).

GINA RYALS

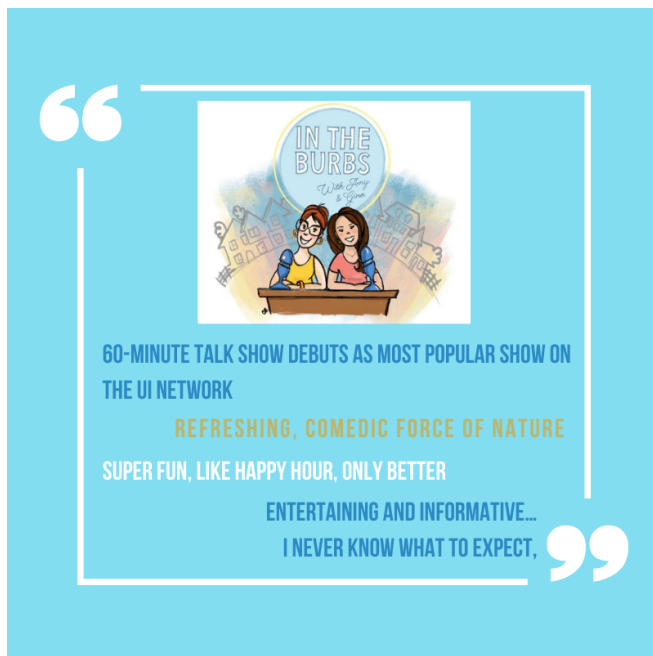


A former public school educator, Gina Ryals spent the last 25 years raising her three kids, Mackenzie, 27, Reece, 24, and Meredith, 19, in the suburbs of Atlanta. At the same time, Gina pursued her passions for fitness, health and wellness, which resulted in life as a fitness instructor. As a recent empty nester with her husband, Stan, of 31 years, along with two English labs, Brody and Stella, Gina has taken on a new career in the media industry as a blogger with [Mezza Reviews](#), along with working as a talk show co-host with Amy Lyle.

HOW TO WATCH

The show airs every other Wednesday at 4:00 p.m. EST. Viewers can catch the few next episodes beginning December 4. [See the schedule of upcoming guests](#). Watch “In the Burbs” on uimediapp.com and Bing TV Networks, or stream live on the [“In The Burbs” Facebook page](#). You can listen to the show as a podcast on Spreaker and SoundCloud. To learn more, visit www.intheburbs.org.

[Images and videos are available online](#) and [via request](#).



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